▶ Print Ad Specifications

OH&S
OCCUPATIONAL HEALTH & SAFETY

Magazine Trim Size: 7 5/8 x 10 1/2 (all sizes are in inches)

	Live	Trim	Bleed
Full Page	7 1/8 x 10	7 5/8 x 10 1/2	7 7/8 x 10 3/4
Spread	14 3/4 x 10	15 1/4 x 10 1/2	15 1/2 x 10 3/4
2/3 Vertical	n/a	4 3/8 x 9 3/4	n/a
1/2 Horizontal	n/a	6 5/8 x 4 3/4	n/a
1/2 Island	n/a	4 3/8 x 6 5/8	n/a
1/2 Vertical	n/a	3 1/4 x 9 3/4	n/a
1/3 Vertical	n/a	2 1/8 x 9 3/4	n/a
1/3 Square	n/a	4 3/8 x 4 3/4	n/a
1/4 Vertical	n/a	3 1/4 x 4 3/4	n/a
1/6 Vertical	n/a	2 1/8 x 4 3/4	n/a
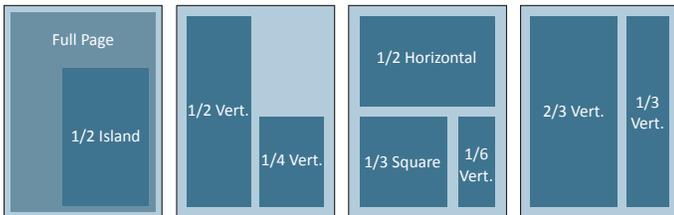
Ad sizes are to scale.

All bleeds are 1/8" beyond trim. For bleed ads, keep live copy 1/4" from trim. For spreads, we recommend keeping live copy 1/4" from the gutter on each side.

▶ Acceptable File Formats

PDFs are strongly encouraged. Hi-res Illustrator EPS files are also accepted. Ads requiring work to be done by us will incur an additional charge. Ad materials are stored for one year and then deleted.

Preparing native files for printable PDFs:
- Multiple pages need to be submitted as single page files.
- Artwork must be CMYK, minimum 300 dpi.
- Files must be flattened (no layers or transparencies).
- Set bleeds 1/8" beyond trim.
- DO NOT use stylized fonts.
- Embed all fonts.
- Overall density of CMYK colors cannot exceed 300%.
- Set trim marks with a 12-point offset so the marks don't overlap the bleed.

Preparing native files for printable Illustrator EPS:
- Artwork must be CMYK, minimum 300 dpi.
- Files must be flattened (no layers).
- Set bleeds 1/8" beyond trim.
- Fonts must be embedded or converted to outlines.
- Overall density of CMYK colors cannot exceed 300%.
- Set trim marks so they don't overlap the bleed.

▶ Submitting Digital Files

Use file names that include the magazine title, issue date, and project name. Ads can be submitted via FTP, a file-sharing service such as Dropbox, or an email to the Production Coordinator.

▶ Uploading to FTP

It's important that the file is placed in the proper directory. All uploads should be followed by a confirmation phone call or email to the Production Coordinator.

Host: ftp://ads.1105media.com
User ID: 1105user
Password: 1105pass
Directory: /1105external/production/[magazine title]

Tip: You'll need file-sharing software to upload to FTP. One of the most user-friendly free programs for Mac and PC is FileZilla:

FileZilla Instructions:
1. To install, go to https://filezilla-project.org and click on Download FileZilla Client.
2. Open FileZilla and enter Host, User Name, Password, and Port 21.
3. Click on the Quick Connect button at upper right.
4. In the Local Site window on the left, locate and click on the source folder containing the file to be uploaded. Your file will appear in the Filename window below.
5. In the window on the right, click on the 1105external folder, click on the production folder, and locate the folder for the magazine.
6. Select your file in the Filename window on the left, and drag it to the magazine folder on the right.

▶ Proofs

If a proof is provided, it must be a SWOP proof created from the supplied digital file. A laserprint is not SWOP-quality and is not color-accurate. If a SWOP proof is not supplied, we are not responsible for variances between the digital file and final reproduction.
Send proofs to:

Production Coordinator
[magazine title], [issue date]
1105 Media, Inc.
9201 Oakdale Ave., Suite 101
Chatsworth, CA 91311

▶ Additional Advertising Resources

https://1105media.com/pages/ad-specs

1105 MEDIA inc